Changing Lives

ONE AT TIME

OVERVIEW: Elmcor Youth and Adult Activities, Inc. was started in 1965 by a group of concerned parents and senior citizens in the East Elmhurst/Corona area of Queens. The organization consisted then of three neighborhood recreational programs and a senior’s club. Elmcor developed from that small volunteer organization into a major provider of human services with clients ranging from pre-schoolers to seniors.

Today, Elmcor is one of the largest non-profit community-based service agencies in Queens. Elmcor’s mission is to enrich the lives of individuals and families and to build a better Queens community by providing quality recreation, education and social service programs while fostering the values of responsibility and respect. Highlights of our current services and programs follow.
YOUTH PROGRAMS

Elmcor manages several programs for youth development. The afterschool program which functions from 3:00 to 7:00 p.m. on Mondays through Fridays features homework help, individual and small group tutoring, one hour of recreation and sports and free meals and snacks for all participants. We are currently serving approximately 40 youngsters.

In-School Youth Program for 50 college-bound youngsters. Our counselors provide academic remediation, college and career exploration activities and life skills instruction. Additionally, the teacher provides instruction and rigorous tutoring to see to it that students reach their goals. Currently, these students are engaged in instructions for applying to college online – including a comprehensive scholarship search process.

GED Preparation consists of classes with approximately 70 students enrolled. Over 70% of our students are speakers of other languages including Spanish, Korean and Creole (English language learners). Literacy teaching and learning is emphasized during GED instruction. Our success rate is remarkable; approximately 88% of our first time test takers graduate and receive their certificate of completion.

Recreation Center – The Louis Armstrong Recreational Center features a regulation-sized gymnasium for ages eight to 18 where over 500 young people participate in basketball tournaments each season, over 400 youngsters participate in soccer competitions, approximately 30 families are currently involved in Karate, another 20 students are learning boxing techniques in the boxing ring, and about 20 other participants are taking dance lessons. The gym also includes a racket ball court. It is available for afterschool activities -- and to the community-at-large during unscheduled time slots for special events.

A Life Changed

“Sitting here watching President Obama on Inauguration Day, I’ve decided that I want to be a Leader.”

(A nine-year old)
SENIOR SERVICES

Elmcor operates senior centers at two locations: one in Corona and another in LeFrak City.

Both centers offer healthy aging for active elders through nutritional programs and meals, exercise activities, walking clubs, brain games, book clubs, recreational and social events as well as special trips and escort services. Until recently, Elmcor also provided meals for homebound seniors.

Focus on healthy living and aging is not new to Elmcor Senior Center. For the past 25 years, the center has held “Stay Well” exercise and Dancercise classes led by volunteers who were trained by the Health Promotion Unit of NYC Department for the Aging. Elmcor services for seniors are currently being expanded to include more “Alert & Alive” and recreational activities for our growing number of clients.

REHABILITATION SERVICES

Elmcor provides comprehensive drug rehabilitation services using three modalities: Prevention, Outpatient and Residential. The Prevention program provides positive alternatives for at-risk youth and adults. Qualified counselors offer individual and group counseling (including anger management and gang issues), life skills workshops, vocational counseling and support services referrals. Clients also have access to a successful GED program and a state-of-the-art computer lab.

Outpatient treatment is available for six to twelve months depending on individual recovery needs. Individuals in the non-intensive tract attend 2-3 times weekly and those in the intensive tract attend 4 days weekly. We accommodate working clients with evening services and offer a special tract for Spanish speaking clients. Clinical services include psychological evaluations, individual, group, family counseling,
prevention relapse, vocational counseling and specialized focus groups in: anger management, domestic violence and family reunification. As with all other clients, out patients have access to the computer lab.

**Another Life Changed**

"After a 12 week course on Domestic Violence, I’m a better husband and father" – Male, 30 years old

We service clients referred by courts for driving while intoxicated/driving while under the influence and other offenses as well as those seeking an alternative to incarceration. We also service many undocumented clients.

Elmcor’s Residential Program offers a 51-bed ultra modern facility where comprehensive clinical rehabilitation services are available including individual counseling, group counseling, gender specific groups, vocational training, health education, relapse prevention, mental health evaluations and psychopharmacology. We hold special therapeutic informative sessions where family members can focus on and work to resolve the impact that their loved one’s indulgence has had on family health. We work closely with the courts and various divisions of the legal system, as well as the Administration for Children’s Services and the Human Resources Administration to advocate for timely family reunification. All services are confidential and available to anyone in need of intensive rehabilitation and recovery. “I got my life, my kids and my respect back.” (Female, 26)

Hello, My name is Ms. T. I’m a 44-year old woman who has battled a crack addiction on and off for 20 years. I decided to come into treatment in August of 2008, just because I was tired of the streets and jail. I received some information in jail about Elmcor and decided I would not only give them a chance, but also myself.

When entering Elmcor, I was greeted with open arms by the staff as well as the clients. Elmcor has given me the chance to sit with myself, and address some long term emotional problems that contribute to my addiction. Elmcor has also helped me to build my self worth as well as build my confidence to want to also help others in the same situation that I once found myself in.

I’m still here at Elmcor, getting the support that I need to stay productive. I know this is going to be a lifelong battle, but I do believe with the tools and the assistance of Elmcor, I’m well on my way.

Winning my battle with addiction
LATEST DEVELOPMENTS

New ATTAIN lab opens at ELMCOR – Queens, NY

Elmcor Youth and Adult Activities, Inc. celebrates the grand opening of the Elmcor ATTAIN lab. Assembly Member Jeffrion L. Aubry hosted the opening of the new Advanced Technology Training and Information Networking (ATTAIN) lab at Elmcor Youth and Adult Activities Center in Queens, New York today. The ATTAIN labs offer technology training at no cost to the community, and in particular to the community’s Temporary Assistance to Needy Families (TANF) population. The ATTAIN lab offers over 30 interactive occupational, academic, life skills and ESL courses as well as continuing to offer Digital Literacy and Microsoft Unlimited Potential curricula.

In addition to offering premium workforce competency programs, the goal is to offer free Microsoft certifications such as Microsoft Office Specialist. Each ATTAIN lab is equipped with personal computers, network printer, and Video Teleconferencing to encourage e-learning and geographic partnerships for education. Please visit Elmcor’s lab.

ATTAIN is supported by a federal TANF grant through UCAWD
Ceremonial signing of New York drug law reforms – April 25, 2009

Gov. David Paterson did a ceremonial signing in Queens [Friday] of a bill that reduces sentences for non-violent drug offenders. The legislation, which was passed as part of the 2009-10 state budget early this month, gives judges total discretion to divert non-violent addicts to drug treatment, and it expands the state’s treatment programs. “This is a proud day for me and so many of my colleagues who have fought for so long to overhaul the drug laws and restore judicial discretion in narcotics cases,” Paterson said at Elmcor Youth and Adult Activities, Inc., a state Office of Alcoholism and Substance Abuse Services-funded drug treatment center in Corona, Queens.

“For years, thousands of New Yorkers have spoken out against the Rockefeller Drug Laws.” There were a number of elected officials who heard the demand for change and have championed Rockefeller reform in Albany. Senator Eric Schneiderman (D-Manhattan) led the effort to pass the bill in the Senate. Assemblyman Jeffrion Aubry (D-Queens) led the fight in the Assembly. Together with their colleagues, including Sen. Ruth Hassell-Thompson and Assm. Joe Lentol, the Legislature passed the historic reforms.
## FINANCIAL REPORT

### STATEMENT OF FINANCIAL POSITION AND NET ASSETS

**JUNE 30, 2008 AND 2007**

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
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</thead>
<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
<td></td>
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<tr>
<td>Cash and cash equivalents</td>
<td>6,111</td>
<td>54,503</td>
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<tr>
<td>Grant receivable (Note 3)</td>
<td>370,010</td>
<td>298,353</td>
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<td>Accounts receivable (Note 4)</td>
<td>12,608</td>
<td>26,237</td>
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<td>Prepaid expenses</td>
<td>--</td>
<td>6,250</td>
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<td>Due from sponsor (Note 5)</td>
<td>153,179</td>
<td>150,757</td>
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<td>Security deposits</td>
<td>8,900</td>
<td>25,400</td>
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<td>Building (Note 2)</td>
<td>3,272,263</td>
<td>3,332,776</td>
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<td>Fixed assets at costs less of $77,763 (Note 1)</td>
<td>500,043</td>
<td>507,118</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>$4,323,114</td>
<td>$4,401,394</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
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<tbody>
<tr>
<td><strong>LIABILITIES AND NET ASSETS</strong></td>
<td></td>
<td></td>
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<tr>
<td>Accounts payable and accrued expenses</td>
<td>397,729</td>
<td>257,226</td>
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<td>Loan Payable (Note 6)</td>
<td>250,000</td>
<td>450,000</td>
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<td>Mortgage Payable (Note 7)</td>
<td>180,442</td>
<td>183,613</td>
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<td>Other liabilities</td>
<td>26,356</td>
<td>3,039</td>
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<td><strong>Total Liabilities</strong></td>
<td>$854,527</td>
<td>$893,878</td>
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<table>
<thead>
<tr>
<th></th>
<th>2008</th>
<th>2007</th>
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<tbody>
<tr>
<td><strong>Net Assets</strong></td>
<td></td>
<td></td>
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<tr>
<td>Restricted</td>
<td>3,272,238</td>
<td>3,332,776</td>
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<tr>
<td>Unrestricted</td>
<td>196,349</td>
<td>174,740</td>
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<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$4,323,114</td>
<td>$4,401,394</td>
</tr>
</tbody>
</table>
# FNACIAL REPORT

**STATEMENT OF ACTIVITIES, AND CHANGES IN NET ASSETS**
For the Year Ended June 30, 2008 and 2007

<table>
<thead>
<tr>
<th></th>
<th>Temporarily Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Total</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUPPORT AND REVENUE</strong></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Support:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and contracts</td>
<td>44,000</td>
<td>3,636,411</td>
<td>3,680,411</td>
<td>4,040,859</td>
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<tr>
<td>Contributions</td>
<td>44,000</td>
<td>3,636,411</td>
<td>3,680,411</td>
<td>4,040,859</td>
</tr>
<tr>
<td><strong>Total Support</strong></td>
<td>44,000</td>
<td>3,636,411</td>
<td>3,680,411</td>
<td>4,040,859</td>
</tr>
<tr>
<td><strong>Other Revenues:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program fees</td>
<td>131,856</td>
<td>69,551</td>
<td>201,407</td>
<td>169,101</td>
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<tr>
<td>Miscellaneous income</td>
<td>8,791</td>
<td>9,033</td>
<td>17,824</td>
<td>49,379</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td>140,647</td>
<td>78,584</td>
<td>219,231</td>
<td>218,480</td>
</tr>
<tr>
<td><strong>Total Support And Revenue</strong></td>
<td>184,647</td>
<td>3,714,995</td>
<td>3,899,642</td>
<td>4,259,339</td>
</tr>
</tbody>
</table>

Net assets released from Restrictions 3,714,995 3,714,995 - - 3,899,642 - 3,899,642 4,259,339

**EXPENSES**

**Program Services:**
- Drug rehabilitation 2,072,767 - 2,072,767 2,170,637
- Youth services 513,034 - 513,034 405,394
- Community services 25,289 - 25,289 10,793
- Day Care - - - 47,671
- Senior Citizens 722,010 - 722,010 650,918
| **Total Program Services** | 3,333,100                  | -                        | 3,333,100 | 3,285,413 |

**SUPPORTING SERVICES**
- Management and general 466,201 - 466,201 509,824
| **Total Expenses** | 3,799,301                  | -                        | 3,799,301 | 3,795,237 |

Change in net assets 100,341 - 100,341 464,102

**Net Assets (Deficit)**
- Beginning of period (as adjusted) 96,008 3,272,238 3,368,246 3,043,414
- 196,349 3,272,238 3,468,587 3,507,516
LOOKING FORWARD

Elmcor will expand its services in the near future to include an **Economic Development Center** which will house six innovative entrepreneurial program components resulting in new jobs and higher skill levels for approximately 400 community residents. We anticipate that a high percentage of these consumers will be graduates of Elmcor’s human service programs. Other consumers will be referrals from local churches, housing, health and other human service organizations. Based on individual assessments, students will be engaged in comprehensive job preparation exercises – supplemented by life and parenting skills, medical and mental health services – and development of personal characteristics such as self-esteem and responsibility needed for job maintenance and advancement.

Additionally, the center will include a **New Business Development Institute** which will train over 40 persons per year to form their own businesses. Training will include such principles of creative entrepreneurship as business plan development, financing, management skills, sales/marketing, strengthening relations with bankers, lawyers, accountants, insurance agents and other business professionals. Bi-lingual instruction will be available.

The ATTAIN computer lab is evolving into a **Skills Training Center** where students can obtain the skills they need for various occupations. Instructional Systems Inc. software include courses that covers: Office Skills, Nursing Assistant, Security Officer, Building Maintenance, Carpentry, Electric Repair, Plumbing, Child Care Worker, Customer Service Representative, Health Care Worker, Home Care Aide and many other developmental courses. Once a student successfully completes any of these courses, s/he earns a certificate which verifies their skills accomplishment is extremely helpful during one’s job search.

We are preparing to offer more services to **English Language Learners**. Many of our clients speak Spanish and others speak Korean, Chinese, Creole and other languages. Currently, we offer e-learning tutorials that teach everyday English. Students listen to, interact with, and learn from characters using natural English in real-life situations. In addition to language assistance, we are gearing up to offer appropriate referrals for human service support as well as immigrant and legal assistance.
Board of Directors

Officers
Chairman
Jimmy Smith
Retired

Members
David Aiken
Master Electrician
President of Bgg electric

Lucius Benson
Retired
Elmcor Rehab Director

Vice Chair
Mario A. Hamblin
Program Manager
Safe Space NYC

Johnnie Dent
Branch Manager
Queens Public Library

Gregory Coles
Chief Financial Officer
A Child’s Place

Secretary
Elwanda Young
Senior Vice President
United Way New York City

Jonathan Carson
Child Protective Specialist
NYC Department Human Services

Maria Fierro
Branch Manager
TD Bank

Treasurer
Darney Gripper
Sr. Recreation Therapist
Brooklyn Children Center

Gary L. Weathersby
Program Director
New York City MTA

Janice Scurry
Chairperson
BCL Day Care Center
PROGRAMS & PROPERTIES

**Administration Building**
Executive Director  
Victoria A. Williams  
33-16 108th Street  
Corona, NY 11368  
718-651-0096 x237  
Fax: 718-457-3932

**Prevention**
Prevention Coordinator  
Lorraine Dewer  
107-20 Northern Blvd.  
Corona, NY 11368  
718-651-0096 x206

**Senior Annex**
Program Coordinator  
Tammy Marrero  
St Paul’s Parish Hall  
98-16 55th Avenue  
Corona, NY 11368  
718-271-1222

**Rehabilitation**
Lianna Lee, Director  
107-20 Northern Blvd  
Corona, NY 11368  
718-651-0096 x202  
Fax: 718-533-1357

**Recreation & Youth**
Gina Lewis, Director  
33-16 108th Street  
Corona, NY 11368  
718-651-0096 x245

**Elmcor Properties**
98-04 Astoria Blvd.  
East Elmhurst, NY 11369

**Rehabilitation Residential**
Leroy Deleon, Director  
107-06 Northern Blvd.  
Corona, NY 11368  
718-651-0096 x214

**Youth Director**
Romy Delerme  
33-16 108th Street  
Corona, NY 11368  
718-651-0096 x252

**ATTAIN Lab**
Jazmin Orea  
33-16 108th Street  
Corona, NY 11368  
718-651-0096 x232

**Rehabilitation Outpatient**
Outpatient Coordinator  
Noreen Etienne  
107-20 Northern Blvd  
Corona, NY 11368  
718-651-0096 x205

**Senior Program**
Ann Henderson, Director  
98-19 Astoria Blvd  
East Elmhurst, NY 11368  
718-457-9757